

AMERICAN LEGION

Chapin American Legion Post 193

October 2022

Commander



Legionnaires/Comrades. I don't know about you, but I've been busy with the Post and enjoy learning about and doing Legion activities.

The Legion theme is *Be The One*. From 17-22 (or more) veterans commit suicide daily. Other veterans feel forgotten, lonely, or just need a little help. 1st Vice Tom Yeoman announced at our October meeting we will be initiating Buddy Checks soon. Buddy Checks are meant to reach out to support ALL veterans, not just Post members. Legionnaires let them know we care about them and ask if there is anything we can do for them. As a part, Buddy Checks help identify veterans in crisis. We are not

counselors so to assist the posts, the SC Legion conference held Question-Persuade-Refer (QPR) training. The training helps Legionnaires identify crisis situations, calm the veteran, and refer the veteran to seek appropriate help. We are going to schedule training for our Post membership so that we are prepared if/when we encounter a veteran in crisis. We *can* make a difference for those we contact, at least ONE. Buddy Checks are an ongoing Legion event so plan on attending the training.

I am always looking for ideas for our Post to support our Families and the community in the name of our Four Pillars: Veteran Support, National Security, Americanism, and Youth. I ask for your input on ideas in these areas. Speak to your Executive Committee members or put a note in the Suggestion Box next to the Coke Machine (bet you didn't know that existed!). Examples of community support are:

- 1) Trunk-or-Treat on 29 Oct. We will reach the community and the NJROTC HS students. I hope you will join me in setting up a decorated vehicle and getting to know the NJROTC students. They may become Veterans/Comrades soon.
- 2) We Care Christmas Gifts. Sponsors sign up before 21 Oct. Gift requests will be here in November.
- 3) Wreaths Across America. Purchasing wreaths until 25 Nov, and/or participating on 17 December at Fort Jackson National Cemetery.
- 4) Veterans Day Parades are a great show of Americanism. We have a trailer to decorate and carry our non-ALR members. Let me know if you are interested in being in the Lexington Parade (Nov 6th) or Newberry Parade (Nov 12th). It would be a shame not to show our pride in America and fellow Veterans the best we can.
- 5) Be the family for our comrades. Our Christmas Party, meetings, and activities keep us in touch with several Post Family members.
- 6) Thank you to the Patriot Guard and members that came to honor a Comrade. For one unfortunate veteran who did not have relatives nearby, the Augusta Post asked us to perform a previously unclaimed Veteran funeral right before Hurricane Ian came ashore.

I am always proud of our Post members for supporting our many programs and activities. We do it because we want the next generation to have pride in our Country and we want to continue to serve our Country. Thank you for all you do.

Mark Harvey/For God and Country/In Service

Activities (see Post Calendar on www.americanlegionpost193.com website)

Post Building is open 1000-1400, M-W-F (except Oct 24th and Nov 25th)

- Oct 24th **Veterans Breakfast** 0800-1030, Post Building. POC: Dave Schimsa
- Oct 29th **Trunk or Treat** 1500-1800, Parking lot behind the Post. POC: Donna Tsukayama
- Oct 31st **Veterans Breakfast** 0800-1030, Post Building. POC: Dave Schimsa
- Nov 6th **Veterans Day Parade**, 1500, Main St and South Lake Drive, Lexington SC. POC: Wes Moore
- Nov 7th **Veterans Breakfast** 0800-1030, Post Building. POC: Dave Schimsa
- Nov 7th **Executive Committee Meeting** 1800, Post Building. POC: Steve Goulet
- Nov 8th **Bingo** 1730, Old Oak Barn, 1155 Holy Trinity Church Rd, Little Mountain. POC: Floyd Rogers
- Nov 10th **Legion Membership Meeting and Dinner**, 1800-2000, Post Building. POC: Mark Harvey
USMC Birthday Ceremony, POC: Tom Yeoman
- Nov 14th **Veterans Breakfast** 0800-1030, Post Building. POC: Dave Schimsa
- Nov 15th **Pledge of Allegiance** 1800, Chapin Town Hall, Linda Warren. POC: Sue Reynolds
- Nov 15th **ALR Dinner and Meeting** 1815-2000, Post Building. POC: Wes Moore
- Nov 21st **Veterans Breakfast** 0800-1030, Post Building. POC: Dave Schimsa
- Nov 24th **Thanksgiving**
- Nov 28th **Veterans Breakfast** 0800-1030, Post Building. POC: Dave Schimsa

Adjutant



Fall is finally here! I hope that you have been able to get out and enjoy this beautiful weather. I for one appreciate the nice cool temperatures and the changing colors of the leaves. I was able to attend a retreat with our ALR Chapter the second weekend in October and had a fantastic time. It was a great opportunity to spend some time together riding through the mountains, eating, and relaxing. Since joining our ALR Chapter, I have been on numerous outings and trips with them; each time, it has been a great experience. Many of the events, trips, and outings the ALR Chapter participate in are also open to Post members as well. If the ALR Director informs you of an event that is open to all Post members you may just want to take him or her up on it. I am certain you would have a good time.

Our membership renewals are slowing down a bit however we are doing ok as far as meeting our monthly membership goals. We have met our November membership goal and our membership target for December 18th is 75% of our members renewed. We are currently at 69.53% so we have a bit to go to reach our target for December.

I have been going through our Post records and it appears that we do not have a DD-214 on each of our members. Shortly I will have all the DD 214s reconciled and will know which ones I am missing. If you have never turned your DD 214 in to the Post Adjutant, please do so asap. If you need to get a copy of your DD 214 and need assistance I can help. I will be available to assist anyone that asks. Requesting military documents is an easy process and takes just a few minutes.

Steve Goulet/For God and Country/"We Can Build It"

First Vice Commander



“Be the One” Buddy Checks are Coming to Chapin American Legion Post 193!

BE THE ONE

Retired Navy Seal and Legionnaire Dave Bergenfield had been engaged in the prevention of military suicide since leaving active duty. While on a panel sharing strategies and ideas addressing veteran suicide, he had heard enough. He closed his binder full of PowerPoint slides, marketing slogans, and colorful graphics. He instead told the assembly “All you need to do to save one life, and that’s it”, zeroing in on a single word to brand and describe the American Legion’s campaign to reduce the veteran suicide rate. **ONE**.

Bergenfield determined that anyone can “**Be the One**”. Bergenfield stated: “Anyone can “**Be the One**”: veterans, spouses, friends, civilians, and caregivers all have the opportunity to save the life of one veteran: **Be the One** person to recognize that maybe you need some help, or **Be the One** person to recognize that a family member needs some help; or the friend who actually makes a phone call and asks how they’re doing. You just have to be a true connection with someone who needs it, that’s what **Be the One** is about.”

Our Post will soon begin our **Be the One**, Buddy Check among our Post members. We are currently building “means and methods” for our **Be the One** Buddy Check efforts. When our post’s call goes out for volunteers to execute our program, consider participating, you can **Be the One** for one of our members.

National has created this QR code, which can be scanned to learn more.



[BeThe... e_QRCode.pdf](#)

Thomas Yeoman/For God and Country

Third Vice Commander



I am still looking for volunteers to conduct the Pledge of Allegiance for the Chapin Town Council Meetings for 2023. This function takes just 15 minutes on a Tuesday evening at 1800, once a month. The mayor reads your biography aloud (we have a sample to work from and I submit it ahead of time), and you go up front and lead the pledge. It's that simple. If you are an ALR member, you can even wear your vest. You do not have to dress formally for this – jeans, a clean shirt/top, and a Legion hat are acceptable. Please contact me if you are interested.

Susan G. Reynolds/For God and Country

Facility Manager/NBC



The Monday Morning Veterans Breakfast continues to grow. We are averaging 65 - 75 Veterans every Monday morning. Because of our high volume, we will now serve breakfast from 0830 through 0915. As a reminder, this is a Veterans-only breakfast.

New Building Committee Chairman

Our final architectural drawings are complete. Our next steps will be to formulate budgets for subcontractors and procure our building permit. We look to clear the property by the first quarter of next year.

David W. Schimsa/For God and Country

Chaplain's Corner



We Have Only Done Our Duty

"So you also, when you have done everything you were told to do, should say,

'We are unworthy servants; we have only done our duty.'" Luke 17:10

We Have Only Done Our Duty

A firefighter runs out of a burning building carrying a little dog. He hands that dog to its owner. The owner cries with joy and says to the firefighter, "Thank you so much for going back in to save my dog. You're a hero!" The firefighter simply says, "You're welcome, ma'am. But no thanks are necessary. I have only done my duty."

A story like that would have a strange twist if that firefighter had said, "All right ma'am, I got your dog out, but if you want little Fluffy back, I'll be expecting a reward!" No firefighter would say that. Their job is to protect people, their pets, and their property from fire. A firefighter doesn't expect a reward for correctly doing their job.

When we perform a good work prompted by faith in Jesus, we don't say to God, "All right God, did you see that nice thing I did for my spouse? I'll be needing some kind of reward now for making that little sacrifice."

A Christian's loving actions aren't prompted by getting things in return for their service. A Christian's acts of love are simply part of being a follower of Jesus. A Christian does not look for any special praise or commendation in return for a loving action. When being thanked for an act of love, a Christian can say the same thing as that firefighter. "I have only done my duty."

Faith delights in duty because faith grasps what Jesus has already done for me. So, when I do the things that God has commanded me to do, I can say, "I have only done what my Savior has already done for me one million times over. I delight to serve him. What an amazing duty I get to carry out, being like Christ to others."

Dear loving Lord, you have saved and served us not because it was your duty, but because you loved us. Let us love and serve others as you have loved and served us.

Chaplain Jude Peck/For God and Country

Comrade Care List

As we remember our Comrades before the Lord, have you noticed that there is never a busy signal on God's line? Pray for these listed here on our care list. Remember them daily as you go about your routine chores.

Friend Erin (Clark) Goshea – Cancer has returned, and she is undergoing chemo again

Zoltan Krompecher – Zoltan's recovery from Sept left arm surgery with right arm is scheduled for November

Dominic (Army vet) and Diane Gallo – Tina Krompecher's parents, Zoltan's in-laws

Peter Prim's – friend John Fisher struggling with Parkinson's (his wife DeDe)

Jim Schafer – Aug 11th tear duct surgery with follow-up scheduled in December

Mike Rowley – he is recovering well from Achilles surgery on 8/25 and his sister died on 8/25

Gerald White – his two brothers' and two sisters' health significantly declined in August

Don Culver – who is struggling with severe back and leg pain with digestive issues

Claire Fincher – former Commander Tom's wife with long-term health needs

Jake Kyzer – his wife Debe at NHC recovering from stroke and ankle injury with an October chemo start

Steve Kelley – John Siemers' brother-in-law who is recovering from 3 stints put in in October

Rick Gibson – District 13 Commander's wife was recently diagnosed with cancer

David Graham – his family is mourning his recent death

Bill Larochelle – celebrating his wife Donna's successful back surgery that enables her to walk for the first time in five years.

Continue to remember our bereaved families for the loss of loved ones.

Auxiliary



Auxiliary members, we are staying quite busy. Thanks so much for contributing the side dishes and desserts for our September meeting and Post Everlasting Ceremony at the pavilion. The event was well attended and the food delicious. We will need people to sign up for the December bingo on November 8th to help with the concessions on December 13th. Please email Carmen at cgoulet08@gmail.com. Marthalyn will be at Crooked Creek Park Holiday Market on November 19 selling the remainder of our t-shirts. If you would like to order a t-shirt or shirts, please contact Marthalyn soon. We must order 12 shirts at a time so if she needs to do another order, she needs to know she has enough preorders. Please help with the Post Trunk or Treat. Contact the Commander for details. Please take the time to read your emails as this is where you

will find information on what is going on at the Post. The fall conference for the American Legion Auxiliary was on October 14th and 15th. It was well attended and there was lots of training for the two days. I learned that the dues for National have gone up and so for 2024 we will have to raise our dues by at least

\$10:00. If you look at it this way: \$3.75 a month to support our Veterans is still worth the membership cost. Our next meeting will be on November 10, and I hope to see you there. Please continue to reach out to any of our members whom you know have not been to meetings. They may need a word of encouragement or have an illness they have not shared.

Carmen Goulet/President

Unclaimed Veteran (Dennis Sterrett) Interment





During the Department Fall Conference Commander Harvey was presented with Department of SC Awards for 1st Place Post Historian Award and 3rd Place Community Service award. Congratulations Post 193!!



Commander Harvey presenting Post 193 Contribution to the American Legion National Emergency Fund